



“Whitepine Whispers”

News of Whitepine Grange #102

9 Faro Lane, Trout Creek, MT 59874

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November 2024

“Honey Buzzaar” sets sweet attendance records

Whitepine Grange’s second annual “Honey Buzzaar” was an unqualified success again this year, with people attending from as far away as Kalispell and Sandpoint.

They were all ready to stock up on raw local Montana honey, and no one left empty-handed. Customers flowed in to the Grange and walked out with gallon jugs of “liquid gold” by local producers.

More than just honey, this year’s Buzzaar featured baked goods made with honey, plus bricks of beeswax, honeycombs, and various beeswax salves and ointments.

We appreciate our vendors this year: Great Northern Honey, Bob’s Montana Bees, Fields & Eve, Cindy Compton’s Mountain Blends, Bull River Farms, and Shirley Newby’s wonderful table of honey-baked goods.

Next year’s Buzzaar is already scheduled for Sat., Nov. 8, 2025 at Whitepine Grange.



Bob Day of Bob’s Montana Honey, tries to talk a customer into sampling his Habanero Honey.

Bring the kids to breakfast with Santa on Sat., Nov. 30!

It’s Thanksgiving weekend...the day after “Black Friday.” Take a break on Saturday the 30th and bring kids and grands to Whitepine Grange for biscuits and gravy, followed by professional photos with Santa himself!



Breakfast will be served from 8am to 11:30am. Enjoy delicious country biscuits with sausage gravy. Coffee and juice are included. Prices are \$10 for adults, which includes breakfast and photos. Kids 10 and under eat free! If you only want photos, we’ll take donations.

Santa will also be posing with you and/or your family members for beautiful professional-quality photos you can use for your Christmas cards. Your photos will be delivered to you via email later that day! Donations are welcome!

Proceeds will be used to help make Christmas brighter for a needy family in our area. Please come and support this great cause!



Social Capital extends lives!

From the Grangemaster:

What's in your "Social Capital" account?

By Jan Manning, Grangemaster

At the Montana State Grange session in Anaconda last month, one of the delegates did a presentation on a movie called "Join or Die" based on books by Harvard professor Robert D. Putnam, America's preeminent political scientist. Wow, does this subject hit home!

Putnam's book explores the disturbing trend in this country of people dropping out of social activities that bring them face to face with those in their community. Here are a few of the facts based on Putnam's extensive research on the subject. See if you can identify with any of these sad statistics...



40% DECLINE

...from the 1970s to the 1990s in the number of Americans who attended even one public meeting on town or school affairs in the previous year

60% DECLINE

...from the 1970s to the 1990s in the amount of picnics Americans attended annually

50% DECLINE

...from the 1970s to the 1990s in the number of Americans who took any leadership role in any local organization.

35% DECLINE

...from the 1960s to the 2020s in religious congregation membership

50% DECLINE

...from the 1970s to the 1990s in the number of times Americans attended a club meeting the previous year.

66% DECLINE

...from the 1960s to the 2010s in union membership

Putnam helped popularize the phrase "*Social Capital*", which refers to the value derived from positive connections between people. In our contemporary society, we tend to under-value the importance of social capital to our health and well-being, not just individually but as a nation. The result: a fragmented population, increased loneliness, depression, isolation, substance abuse and suicide. Belonging to any social group, especially the Grange, can dramatically reduce most of these results. Even more...attending Grange meetings will pay dividends to you and your family.

As individuals in our society we have to make a conscious choice to build social capital with those around us. A good way to start: become involved in your Grange. Want to know how? Let's talk. 406-827-0102.



Help us shop for a needy family



Whitepine Grange will once again be “adopting” a family for Christmas. As members, you can help.

The family will be chosen for us by Sanders County Coalition for Families (SCCF). They’ll provide a list of the family’s needs and wants,

and you all get to do the shopping. Revenue from the Grange’s Santa Breakfast on Nov. 30 will help pay for some of the items, or you can simply donate if you wish.

As soon as SCCF gives us the list, we’ll send it out to you, and you can start shopping. This is one of the most enjoyable activities of the holiday season. Playing a virtual Santa ifor a needy family s guaranteed to get you into the holiday spirit!

**“Rough & Rowdy”
Drop-in Dog Classes**

For people with young, under-socialized or reactive dogs who need a little informal training and professional guidance in a safe, fun, controlled atmosphere. Each group session about 90 minutes long.

\$5 per dog

Wednesdays 10:30am, Whitepine Grange

The Joy of Movement

55+ Fitness classes

Mondays and Thursdays at 9am,

FREE, OPEN TO PUBLIC

(Donations to Whitepine Grange appreciated!)

One hour of light cardio to good music, plus balance exercises, strength training, coordination and stretching. Energize your day by starting out with this class!

October Calendar	
Tues., Nov. 5:	Gym for Gents, 9am
Wed., Nov. 6:	Rough & Rowdy Dogs, 10:30am
Wed., Nov. 6:	Rally Drop-in, 1pm
Wed., Nov. 6:	PT, Week 2, 6pm
Thurs., Nov. 7:	Joy of Movement, 9am
Mon., Nov. 11:	Joy of Movement, 9am
Tues., Nov. 12:	Gym for Gents, 9am
Wed., Nov. 13:	Rough & Rowdy Dogs, 10:30am
Wed., Nov. 13:	Rally Drop-in, 1pm
Wed., Nov. 13:	PT, Week 3, 6pm
Thurs., Nov. 14:	Joy of Movement, 9am
Fri., Nov. 15:	Sew Day, 9am
Mon, Nov. 18:	Joy of Movement, 9am
Tues., Nov. 19:	Gym for Gents, 9am
Wed., Nov. 20:	Rough & Rowdy Dogs, 10:30am
Wed., Nov. 20:	Rally Drop-in, 1pm
Wed., Nov. 20:	PT, Week 4, 6pm
Thurs., Nov. 21:	Joy of Movement, 9am
Sat., Nov. 23:	Craft Bazaar
Mon., Nov. 25:	Joy of Movement, 9am
Tues., Nov. 26:	Gym for Gents, 9am
Tues., Nov. 26:	Grange Meeting, 6:30pm
Wed., Nov. 27:	Rough & Rowdy Dogs, 10:30am
Wed., Nov. 27:	Rally Drop-in, 1pm
Thurs., Nov. 28:	Joy of Movement, 9am
Sat., Nov. 30:	Breakfast with Santa, 8 to 11:30am

Whitepine Grange #102 Officers 2024

President: Jan Manning

Vice-President: Carolyn Nesbitt

Secretary: Patty English

Treasurer: Dona Pope

Executive Committee:
Gene Pope , Debbie Mason, Tricia Cottrell

Sew Days are here at Whitepine Grange!

“Sew Days” are back at Whitepine Grange! Grange secretary Patty English has organized this activity for anyone who wants a few hours of peaceful, uninterrupted sewing in the company of others.



“Sew Days” are now every FIRST and THIRD Friday each month, from 9am to mid-afternoon. Patty has all the details for you. Call her at 406-827-9446 to sign up.

Ten ladies came to this year’s first Sew Day on Nov. 1 at the Grange, and Patty anticipates several more for future Fridays. You need not be a Grange member to participate, but you should sign up ahead of time so Patty knows how many to plan for. Tables are provided, or you can bring your own.



The Grange:

“Strengthening individuals, families and communities through service, education, nonpartisan grassroots advocacy and agricultural awareness.”

Fourth Annual

**“Cornucopia of Crafts”
Craft Bazaar**



Saturday, Nov. 23

9am to 3pm

Whitepine Grange

(Corner of Hwy 200 & Faro Ln, near MM38)

- . Beautiful Handmade Items**
- . 13 Local Artisans**
- . Door prizes every 30 minutes!**

**Bring a friend to
enjoy a
fun day of shopping!**



Fitness and fun await you at the Grange!

Every Monday and Thursday at 9am, you'll hear raucous music and laughter coming from inside the Whitepine Grange building. It's the sound of joy that results from women (primarily) having fun while exercising and dancing to music they love.

In each one-hour session, we take about 4,000 steps, wake up virtually every muscle in our bodies, and play like kindergartners. We dance, moving to a speed of about 126 BPM (beats per minute). We work on balance. We socialize and encourage each other, simultaneously laughing and groaning. We play catch with dog toys, bounce on trampolines, and establish love/hate relationships with stability balls and stepping



platforms. We practice "sit-to-stand" exercises that are so important for women in our age group. And we note each other's improvement in strength, endurance and flexibility.

We are not young, lithe athletes. In fact, many of us are overweight and suffering from age-related aches and pains. And yet the "Joy of Movement" makes our bodies, and thus our minds, feel young again. It energizes us for the rest of our day. The scientifically proven addictive properties of MOVEMENT keep us coming back every week.

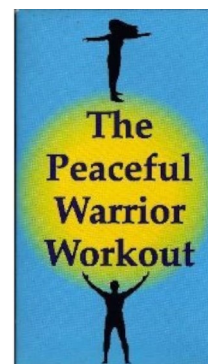
Exercise is the fountain of youth. Join us at Whitepine Grange to discover this miraculous drug. The Grange accepts a \$5 donation per visit, and we reinvest it in more exercise equipment and upgrades. Just show up by 9am on Mondays and Thursdays, and remember your sneakers and water bottle!



NOTE: Whitepine Grange would like to thank the Rural Life Initiative (RLI), sponsored by National Grange and Pfizer Corporation, for their support of our fitness programs!

AND FOR THE MEN:

Francois Comunetti offers his "Gym for Gents" class on Tuesday mornings, 9am, at Whitepine Grange. Drop in and give his "Peaceful Warrior" workout a try! Francois will inspire you to be your best! \$5 donation to Whitepine Grange per visit.



FUNDRAISER*

BREAKFAST

WITH SANTA!



Sat., Nov. 30 / 8am to 11:30am
Whitepine Grange

\$10 (Adults) / Kids under 10 eat FREE

Includes country biscuits, sausage gravy, juice, coffee,
and PHOTOS WITH SANTA*

* Professional quality digital photos delivered to
you the same day!

* All proceeds go to the Grange's
**ADOPT-A-FAMILY FOR
CHRISTMAS** project. Cash
donations will be used to
purchase needed and wanted
items for local families in
distress.



Whitepine Grange is on the corner of Hwy 200 & Faro Lane, near MM38, between Thompson Falls and Trout Creek. Open to the public. For reservations, call 406-827-0102.

2nd Annual Honey Buzzaar . . .



Next year's Honey Buzzaar: Sat., Nov. 8, 2025 Mark your calendar!



Coming Grange events in 2025:

- Fly-tying class
- Beekeeping class
- Birds of Prey class
- Canine First Aid
- Movie Nights

Important Closure Notice!

Whitepine Grange will be closed Dec. 18-25 for a private class. All regular classes cancelled for that week.

Join Whitepine Grange today!

For yourself, your family, your rural neighbors & community!

MEMBERSHIP TYPES - Check Box

Individual Membership: \$35/year Family Membership: \$70/year

Name: _____
Mailing Address _____
City _____ State _____ Zip _____
Date of Birth ____/____/____ Phone _____

Email (please print clearly) _____

What are your hobbies? (so we can plan programs of interest to you and maybe utilize your expertise) _____

Signature _____ Date _____

For Family Memberships:

Spouse/Partner's Name _____
 Mailing Address _____
 City _____ State _____ Zip _____
 Date of Birth ____/____/____ Phone _____
 Email (please print clearly) _____
 Children:
 _____ Date of Birth ____/____/____
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 _____ Date of Birth ____/____/____
 _____ Date of Birth ____/____/____

Seven winning reasons to join Whitepine Grange:

- Build a support network with your rural neighbors.
- Great monthly programs on topics of local interest.
- Family friendly activities like potlucks, parties, dances and Bingo.
- Community service projects like highway cleanup, the dictionary program, Family & Friends shut-in outreach, and military care packages.
- Exercise classes for all ages.
- A gathering place for neighbors.
- Your membership dollars help pay for upgrades and maintenance for this historic building. Whitepine Grange was chartered in 1938. The building was constructed in 1961. In 2023 the Grange is still going strong! Join Whitepine Grange #102 and become part of its long, wonderful story!



Please make checks to "Whitepine Grange #102"
 Return this form, with payment, to any Whitepine Grange officer, or mail to:
 Whitepine Grange #102
 PO Box 1313
 Trout Creek, MT 59874